

MEETING INFO

The SOS group meets every second Thursday of the month from 5:30pm to 7pm in Bremerton.

Participation to open to all survivors of suicide. All information shared in the group is confidential.

Please contact Melissa at sos-group@hotmail.com for more information about participating in the group.

“SOS is a place to go to understand my son’s suicide. SOS is a place to go where others understand my pain. I no longer feel alone in my grief.”

—S.

KITSAP SUICIDE
PREVENTION TASK
FORCE

**SURVIVORS
OF SUICIDE**

**SUPPORT
GROUP**



KSPTF@COMCAST.NET

THE SOS GROUP MAY BE FOR YOU...

Have you lost someone to suicide and don't know where to turn?

Do you need a safe place to share your feelings?

Are you tired of being alone with pain, guilt, and questions?



FACTS ABOUT SUICIDE

- Over 33,000 people in the US die by suicide every year.
- Suicide accounted for the deaths of 162 Kitsap residents in the five year period between 2004 and 2008.
- In Kitsap County suicide is the 2nd leading cause of death for people 15-34 years of age and 10th leading cause for all ages.
- Across Washington State there are more suicide deaths than deaths from motor vehicle crashes.
- People of all ages, classes, and ethnic backgrounds are impacted by suicide.



ABOUT THE SOS GROUP

Survivors of Suicide (SOS) is made possible by caring volunteers who coordinate and facilitate monthly meetings. All survivors who can benefit from the group are welcomed.

SOS is a safe place to share grief, understand more about suicide, and seek mutual support as you navigate this difficult journey. There is no charge to attend and no requirement to participate if you just want to listen.

CONTACT US

Facilitator: Melissa

sos-group@hotmail.com

Phone: 360-265-1110