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|-------------|---------------------------|------------|------------|
| Title:      | Stroke and STEMI          | Replaces:  | New        |
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| Approved:   | Stephen Churchley MD, MPD |            |            |

## EAST CLALLAM COUNTY STROKE AND STEMI DESTINATION PROCEDURE

### PURPOSE:

To designate destination hospitals for patients with cardiovascular emergencies, specifically stroke and myocardial infarction, to maximize the best possible outcomes.

### POLICY:

All patients with the assessment of stroke/CVA and or myocardial infarction will be transported to a designated hospital.

### PROCEDURE:

#### A. STROKE

1. It is required for a patient who has had the onset of stroke symptoms within the last three and a half hours to be included under this policy. The three and a half hour time limit considers local EMS transport times, inter-facility transport times, and regional interventional capabilities.
2. Calls to medical control and/or the receiving hospital should declare this patient as a "Stroke Activation".
3. Designated Hospitals:
  - a. Patients who present with stroke like symptoms and who live within east and central Clallam County, including Port Angeles and Clallam County Fire Districts 2, 3, and 4, will consider the closest designated hospital for immediate care to be Olympic Medical Center.



## B. MYOCARDIAL INFARCTION

1. It is required for a patient with signs and symptoms of a myocardial infarction and a 12 lead ECG suggesting STEMI in the field to be included under this policy. The interpretation of the EKG will be by the Emergency Physician at Olympic Medical Center (Medical Control).
  2. Subsequent contact with Olympic Medical Center or Harrison Hospital base stations will be considered a "STEMI Activation".
    - a. The regionally designated hospital with definitive care for Patients in East Clallam County Fire District #3 (East of Carlsborg) with STEMI presentation will be Harrison Medical Center. This will remain a "time of call" choice of EMS, medical control and patient desire. Patients west of Carlsborg road will proceed to Olympic Medical Center unless otherwise directed by Medical Control. This will include Fire Districts 2,4, City of Port Angeles and part of Fire District #3.
    - b. Family or patient wishes may contradict these policies. In all instances contact with medical control physician is essential for the EMS provider and thorough documentation must be provided of the rejection of recommended care.
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