

Kitsap County STEMI Order Set

1. Universal Patient Care.
2. Oxygen PRN / Advanced Airway management PRN.
3. EKG/12-lead (notify receiving facility ASAP if STEMI):
 - Repeat 12-lead EKG with any change in patient condition.

Start Kitsap County ACS / STEMI Order Set for Confirmed ST Elevation AMI

Vascular access PRN x 2/ fluid bolus PRN.

4. Administer Aspirin 325 mg PO.
5. Administer Clopidogrel (Plavix) 600mg PO.
6. If patient complains of nausea:
 - Consider Zofran 4mg IV/IO/PO, Q 3 to 5 minutes, to max dose of 8mg.
7. Administer Nitroglycerin 0.4 mg SL Q 5 minutes if SBP \geq 100 mm Hg.
8. Pain management:
 - Consider Lorazepam 0.5 - 2.0 mg IV/IO PRN for anxiety.
 - Consider Diazepam 2.0-5.0 mg IV/IO PRN for anxiety
[Physician Order] for additional Lorazepam.

Choose One PRN:

- Consider Fentanyl 25 to 50 mcg IV/IM/IO PRN, Q 3 to 5 minute's.
 - Consider Morphine 2.0 – 4.0 mg IV/IM/IO PRN, Q 3 to 5 minutes.
9. Administer Metoprolol 5 mg IV over 2 to 5 minutes, may repeat up to a total dose of 15 mg.

***Goal HR 60, Hold for HR < 60 or BP <100. Use Caution in Asthma/COPD, Inferior MI**

10. Administer Heparin Bolus (Loading dose) 60 units/kg to max of 4000 units. If patient weight greater than 100kg, than administer 5000 units.
11. Administer Nitroglycerin drip. Start at 10 mcg/min to 100 mcg/min max. Titrate to chest pain. (Refer to drip rate calculation sheet) ***Administer only if available and if transport time is >20 minutes.**
12. Administer Heparin Drip 12 units/kg/hr to max of 1000 units/hour. (Refer to drip rate calculation sheet) ***Administer only if transport is > 20 minutes**
13. Contact Medical Control.